

# How to fit the ProMove Sling

## Step 1



Place the ProMove sling behind the person's back and tuck down to the base of the spine. Bring the elongated parts to both sides.

## Step 2



Lift each leg in turn; bring one elongated part under both legs and pull handle through to meet matching coloured handle on the other side. Join handles with the padded wrap.

## Step 3



Repeat process with other elongated part, taking beneath the first part. Join handles of the same colour. And that's it, the sling is in place. Now lift using 2-4 operatives.